



## SLIPS, TRIPS AND FALLS

### Introduction

Slip, trip and fall accidents account for the largest number of major injuries and reportable lost time in the workplace. No employer is immune from the risk as a slip, trip or fall accident can occur in all types of workplace including offices, construction sites, kitchens or production areas.

The Slips, Trips and Falls course helps raise employee awareness of the common causes of these types of accidents and the positive actions they can take to prevent them occurring to themselves and others. The course follows HSE general guidance on the subject and 'Preventing slips and trips at work' (INDG225) with particular emphasis on the recommended 'See it, Sort it' approach to employee ownership and responsibility.

### Aims of the course

The aim of the course is to make employees aware of the common causes of slips and trips in the workplace and the positive actions they can take towards prevention.

At the end of the training trainees will be able to:

- Describe the main causes associated with slip, trips and falls
- Identify typical hazards in the workplace
- Prevent accidents by applying common sense precautions and taking a positive approach to prevention

### Who is it for?

The course has been developed for all employees in all types of organisation.

### How is it delivered?

Slips, Trips and Falls e-learning can be delivered online or through a computer network to each trainee at their desktop, laptop or mobile device. We can also provide the course to be integrated into a SCORM compliant LMS. The training can be completed at the employee's own pace by "book marking" and recording progress and returning to the training at a later time. In delivering the training in this way, the normal cost of training are reduced, whilst still achieving the desired awareness and compliance with the organisation's legal responsibilities. At the end of the training the trainee will complete an assessment.

### Compliance record keeping instantly solved

An invaluable feature of our e-learning courses is our learning management system (LMS) called SHINE. This solves the problem of compliance record keeping by recording in g completion of courses and making them available for you



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to view and manage electronically. No more struggling to find training records should you have a visit from the enforcing agency or an audit.

## Course duration

25 - 30 minutes.

## Course summary

Slips, Trips and Falls training helps all employees to identify common hazards and take positive action to prevent accidents to themselves and others.

## Content of the course

1. Introduction
  - I. Definitions and the size of the problem
2. Causes of slips and trips
  - I. Floors
  - II. Cleaning
  - III. Environment
  - IV. Contamination and obstructions
  - V. People and human factors
  - VI. Suitable footwear
3. Prevention
  - I. Taking positive action
  - II. Cleaning regimes
  - III. Safe behaviours
4. Hazard Spotting
5. Assessment

